



Qualifying Life Events (QLE)

If you have a [qualifying life event](#), you can make related changes to your benefits as long as you complete your enrollment, including submitting appropriate [documentation \(/media/1941/documentationrequirements1516.pdf?cb=18928\)](#), no later than 30 days from the event. If you add any dependents, you must submit all appropriate [documentation \(/media/1941/documentationrequirements1516.pdf?cb=18928\)](#) by the deadline given in the communications you receive from "[R](#)"[Dependent Verification Services](#).

If you have any questions, contact the "R"Benefits Service Center at 844-TRU-BENS.

Here's what you need to know and do when you experience one of the following qualifying life events:

- [What To Do When You Have A Qualifying Life Event \(/media/2068/what-to-do-if-you-have-a-qualifying-life-event-final.pdf\)](#)
- [What Happens When You Get Married \(/media/2073/what-happens-when-you-get-married-final.pdf\)](#)
- [What Happens When You Have A Baby/Adopt A Child \(/media/2072/what-happens-when-you-have-a-baby-or-adopt-a-child-final.pdf\)](#)
- [What Happens When You Have an Address Change \(/media/2071/what-happens-when-you-have-an-address-change-final.pdf\)](#)
- [What Happens When You Get a Divorce \(/media/2070/what-happens-when-you-get-a-divorce-final.pdf\)](#)
- [What Happens When You End a Domestic Partnership \(/media/2069/what-happens-when-you-end-a-domestic-partnership-final.pdf\)](#)
- [What Happens When You Terminate Employment \(/media/2067/what-happens-when-you-terminate-employment.pdf?cb=13920\)](#)
- [What Happens When Your Spouse/Domestic Partner's Annual Enrollment Differs from Toys"R"Us \(/media/1119/what-happens-when-your-spouse-or-domestic-partners-annual-enrollment-differs-from-toysrus-final.pdf\)](#)
- [What Happens When Your Day Care Costs Change \(/media/1117/what-happens-when-your-day-care-costs-change-final.pdf\)](#)
- [What Happens When Your Work Status Changes \(/media/2171/what-happens-when-your-work-status-changes-final.pdf\)](#)
- [What Happens When You Terminate Employment \(/media/2088/what-happens-when-you-terminate-employment.pdf\)](#)
- [What Happens When You Are Rehired \(/media/1258/what-happens-when-you-are-rehired.pdf\)](#)
- [What Happens When There Is A Death Of A Team Member \(/media/1025/what-happens-when-there-is-a-death-of-a-team-member-final.pdf\)](#)
- [What Happens When Your Covered Dependent Dies \(/media/2170/what-happens-when-your-covered-dependent-dies-final.pdf\)](#)

Employee Assistance Program (EAP)

Any type of change can add a new level of stress to your life—even the exciting changes. The ComPsych® GuidanceResources® Program (EAP), staffed by experienced clinicians, provides free resources and help to team members and their family members who are making transitions. [Learn more. \(http://www.rusbenefits.com/time-away-and-other-benefits/employee-assistance-program-eap\)](#)

Helpful information for a healthy pregnancy

There is much to think about and do when you are planning to start a family or expecting a new baby. Kaiser Permanente wants to give parents-to-be piece of mind by offering helpful tools and information to assist in preparing for their exciting journey. Click [here \(https://healthy.kaiserpermanente.org/health/care/!ut/p/a0/DcdBCoAwDATAF8nevfUV2tyWEGLBpiUUwd_r3AaCEXJ8mnO1EbZ_V7VYIvtM82DoiwMCMUnvRI2xKfUyzN7LB2o8Buo!\)](#) to learn more on what to expect as parents before, during and after pregnancy.

The information on this site does not supersede plan documents. If any information on this site conflicts, the plan documents will control in all cases. For more information see full disclaimer. © 2018 Geoffrey, LLC. All Rights Reserved.